



ADHD 
ESSENTIALS

[Visit our website!](#)

When:

May 9, 2019 from 6-8pm

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Where:

Mount Wachusett Community
College

Room S-105

444 Green Street, Gardner

The North Central Family Network
Socials in Gardner is pleased to
welcome our guest presenter
Brendan Mahan, MEd., MS, to talk
about ADHD and your child.

While children with ADHD have a ton
of energy and passion, it can also
add chaos and challenges to your
family and life.

Join us and learn about :

- Why ADHD is poorly named
- Look-A-Likes & Comorbidities
- ADHD in the brain
- Lifestyle strategies for managing ADHD
- Practical tips for managing ADHD at home/school

RSVP to Ann or the PPAL Office

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